



Psychological  
& Counselling  
SERVICES GROUP

## AJAX LOCATION

IDA Pharmacy & Appletree Medical Centre  
1 Rossland Road West, Ajax, ON L1Z 1Z2

## NOW ACCEPTING NEW CLIENTS

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905-721-7723 / 1-866-568-9476

### Kayla Quinn

*MEd Practicum Student  
Counselling Psychology*

**Child &  
Youth  
SERVICES**

## LOW FEE SERVICE AVAILABLE\*

Kayla Quinn is completing her Master of Education Degree in Counselling Psychology at The University of Toronto Ontario Institute for Studies in Education (OISE). Kayla holds a Bachelor of Science in Psychology from the University of Toronto, and her services are provided under the direct supervision of Dr. Kenneth Kwan, PhD, CCFT, CPsych and Kristi Kerford, MEd, RP, CCC.

As someone with a passion for working with children, youth, and young adults, Kayla truly enjoys supporting these populations in wellness. She has over six years of

experience in social services, and has worked in school settings, within community mental health, and at a distress helpline. These experiences guide her therapeutic work, which is grounded in compassion and collaboration.

Kayla uses an integrative approach, drawing from multiple modalities, including Cognitive Behavioural Therapy (CBT), relational therapy, mindfulness-based work, and Dialectical Behaviour Therapy (DBT). She is committed to providing trauma-informed care.

**\*For more information about PCSG's low fee services program, visit our website:**

[www.psychologicalcounsellingservicesgroup.com](http://www.psychologicalcounsellingservicesgroup.com)

*PCSG is a private practice and therefore, our services are not covered under OHIP. However, if you have private health insurance, some of or all our services may be covered. Please contact your provider to find out what your coverage includes. You do not require a referral to obtain services, but your insurance provider may require a referral from your family doctor for reimbursement purposes.*